

2006 *KICK SMART WORKSHOP*[™] SUMMER CAMP

FINAL INSTRUCTIONS PARENT & CAMPER HANDBOOK



CONTACT INFORMATION

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Kick Smart Workshop[™]
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Welcome to our 2006 season at the Kick Smart Workshop™!

We are looking forward to welcoming new campers to our first year, and the beginning of what we hope to be many more years to come.

We hope that this booklet will provide everyone with the necessary information to plan for camp in an efficient manner. It is our hope that you will read it thoroughly and discuss the contents with your camper. Reviewing this package will help campers to be comfortable with routines and expectations.

We update the Final Instructions package each year and it is very important for returning families to be aware of any changes. Please keep it for future reference. All the camper forms will be on our website if you need additional copies.

On behalf of the Martin Doherty and the rest of the Kick Smart Workshop™ staff, we look forward to seeing everyone soon! Here's to our best (and first) camping season ever!

Martin Doherty,
Founder & Director

Committee Member, BBI (Black Belt Institute)
Committee Member, PAC (Ontario Early Years Centre)



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2006 Kick Smart Workshop™

Karate4KIDZ™

This Program is geared towards introducing the concept of martial arts through respect, discipline, focus, and FUN! Children thrive in a structured environment where they are encouraged to be their best in a fun, safe and positive atmosphere! They will learn how to make goals early on in life and actually achieve them. Their interest and excitement will be peaked by exciting curriculum especially designed to increase balance, strength, motor agility and much more. Building rapport with our qualified and caring, Black Belt Instructors is an essential part of this program's success.

Curriculum - This program is Kempo Karate – a fusion safe and non-contact of martial arts. Kempo Karate specifically is a blend of: kung fu, jujitsu, judo, aikido, kickboxing, street smarts, Tai chi, Yoga, Meditation, Animal Forms, and lots of fun games!!!!

Training:

Our Training is based on 5 Fundamental Black Belt Principles:

1. *Honesty*
2. *Courtesy*
3. *Self Discipline*
4. *Perseverance*
5. *Positive Attitude*

Curriculum

The children receive excellent physical conditioning. We break the training up into manageable pieces so the students can learn at their own pace and feel a sense of accomplishment. The students go through warm ups at the beginning of class followed by conditioning such as jumping rope, sit ups, push ups, drills, stretching, martial art forms practice, games and meditation. Footwork and balance, along with strategies to defend against strangers and bullies are also incorporated. The children will also learn to defend themselves in all situations. The goal is to have fun while actively learning in a safe and fun environment!

Personal Development:

As important as these skills are, the Personal Development or "LIFE SKILLS", of each student is what drives our program. We have structured our children's program to incorporate motivational themes such as Achievement Awards, "Message of the Week" such as Respect, Discipline, Willingness To Learn, Focus, Generosity, Self-Confidence, Attitude Towards Friends, Starting Something New, Self Control, Getting Along With Siblings, Performance Of Tasks, and Handling School & Home Property. All in an effort to instill exceptional character in our students. Most of all, children will learn to develop "Kime" (pronounced "key-may") - their "focus of power" and "Ki-O-Tsuke" (pronounced "key-oh-tsue-key") their "attention" abilities.

Students will receive an Award Certificate for the theme of that week along with supporting **Karate4KIDZ™** Workshop materials are also given to take home to share with their parents.

Tech4KIDZ™

The **Tech4KIDZ™** curriculum is under constant review and revision from both a content and technology perspective - we embrace the latest technologies in order to provide your child with the best technology learning available.

Children complete applied-technology adventures that are customized to their skill level. **Activities occur both on and off the computer - inside and outside the class room** - with a focus on engineering and robotics, digital music production, digital video production, nature and environmental technology, ocean & space missions, nature and environmental missions, and MORE!

On the first day of camp, children select the projects that they will complete during their session from multiple theme-based adventures. Our highly trained adventure guides help children to select programs that suit their age, area of interest and skill level to maximize the fun and the thrill of success.

This approach allows for individualized learning that meets the interests and needs of virtually every camper.

Campers employ a variety of technologies to complete adventure-based projects. Computer skills, storyboarding and creative problem solving are just some of the skills that will be developed and improved during their camp experience.

All adventures are offered every week at camp, there's no need to select an adventure before attending camp! Some adventures are appropriate only for older children due to their technical nature, but there is something for everyone!

Any digital work that the children creates can be saved to their very own personal USB memory storage key - which is taken home as a record of what they have done!

PROMOTIONAL PICTURES/SLIDES

Each year, many pictures are taken at Camp to use for our Camp slide show, brochure, web site, Camp Archives and, on occasion, for the Kick Smart Workshop™ program. If, for any reason, your child/children should not appear in these pictures, please notify us in writing by the start of Camp and by signing and agreeing to the waiver included with the package.

CLOTHING & SOUVENIR ITEMS

Campers who wish to purchase additional Kick Smart Workshop™ clothing/products or materials, may do so by speaking with the Senior Camp Director, or an Associate Director

ANOTHER LOOK AT THE REGISTRATION AGREEMENT AND CANCELLATION POLICY

Cancellation policy – Partial refunds are available (or the option of full credit for the cancelled sessions) prior to the published cut off date. Days missed due to illness are eligible for make-up dates with a doctor's certificate/note provided that space is available. An administration fee of \$100.00 will be applied to any sudden cancellation.

WHAT TO BRING TO CAMP

1. Sunscreen
2. Running shoes
3. Bathing suit
4. Hat, sunglasses
5. Lunch
6. Karate uniform (included with package)

CAMPER REQUESTS

We understand the importance for some children to attend camp with a friend, which is why we do everything we can to accommodate session mate requests.

Session mate requests must meet the following criteria, and be received upon registrations:

CAMPERS MUST BE WITHIN A YEAR OF EACH OTHER IN AGE

This is because we try to place campers with their peers. Parents must understand that if they request children to be together who are more than a year apart, one of the campers will be with a group of children either much older or much younger than their child, and even if that seems acceptable, it affects other campers in the group

THE REQUEST MUST BE MADE BY BOTH FAMILIES

It does not happen often, but sometimes a family will request not to have their child in the same session as another child. We simply cannot get into the middle of situations such as this. If both families have not made the request on the Camper registration form we cannot guarantee that the campers will be together.

BEHAVIOUR POLICY

At the start of each session, in a community meeting, camp rules and expectations of behavior are outlined verbally with campers. Based on the mission statement, and the, we break it down into "Four Ways to Show We Respect" We would like to share them with you, and hope that you will discuss the four ways we show we respect with your child.

The Kick Smart Workshop™ MISSION STATEMENT:

Providing opportunities that develop a healthy lifestyle and improved self confidence and respect for yourself and others, and the environment.

CAMP RULES & EXPECTATIONS: WAYS WE SHOW RESPECT

- Respect for yourself
- Respect for others
- Respect the environment
- Respect for the site and equipment

CODE OF CONDUCT

We strongly believe that every person has the right to feel safe, both physically and emotionally, at Kick Smart Workshop™ summer camp.

When the aims of the “Ways We Respect” are not met, and challenges present themselves, a hierarchical problem solving method of intervention is used and every effort is made to various situations of mild/minor behavior at the immediate level. The camp staff is trained to work with understanding, care and patience. Corporal or physical punishment is not permitted, nor are humiliating or degrading measures.

We want to avoid having more serious, but increasingly common, social problems filter in to the camp environment.

A safe environment requires the complement of safe practices and consistent consequences.

The Camp Administration reserves the right to withdraw any camper without warning who, in their opinion, compromises the physical or emotional safety of any person at camp, or who is an immediate hazard to the safety of themselves or others.

THERE WILL BE NO REFUNDS GIVEN FOR CAMPERS WHO ARE SENT HOME DUE TO VIOLATION OF BEHAVIOUR POLICIES OR THE CODE OF CONDUCT.

Director Martin Doherty is pleased to discuss this policy if it requires further clarification. Please feel free to contact him at 647 887 3529 or at martin.doherty@sympatico.ca

How we deal with bad behavior

- clear warning
- oral report to Director
- written report to Director
- phone call to parent(s)
- dismissal from camp

We here at Kick Smart Workshop™ have a zero-tolerance for bullying, or defiance of authority. Any physical or mental abuse by any child to another child will not be accepted.

Extended Hours

Extended hours are from 8:30 a.m. - 9:00 a.m. and 4:00 p.m. - 5:30 p.m. For every extra hour spent in the extended hours, a cost of \$5.00 per hour will be billed to the family. **THE FACILITIES CLOSE AT 5:30 PM SHARP, so please make sure that transportation is available for you child before that time.** If you wish to make use of our extended hours, please inform the director of this prior to the beginning of your child (s) session.

ARRIVAL/PICK-UP TIMES

Monday-Friday, 9:00 a.m. – 4:00 p.m.
Extended Hours Monday-Friday 8:30 a.m. – 5:30 p.m.

Upon arrival at the Camp, please check-in at the Davisville club reception desk to meet Camp staff whom will put the campers into their groups.

PLEASE DO NOT ARRIVE EARLIER THEN 8:30 (staff will be in meetings and making general preparations for the start of each day).

UNDER NO CIRCUMSTANCES WILL Kick Smart Workshop™ SUMMER CAMP ACCEPT CAMPERS BEFORE THE EARLIEST CAR DROP-OFF TIME ABOVE.

Before that we're not ready to give campers the great welcome they deserve. Families who arrive earlier than the extended hours period, will not be assisted as their will be no staff available to assist you.

PARENTS WILL HAVE FULL RESPONSIBILITY FOR CHILDREN UNTIL THE TIMES STATED ABOVE.

Upon departure please make sure that your child has everything that they had arrived with.

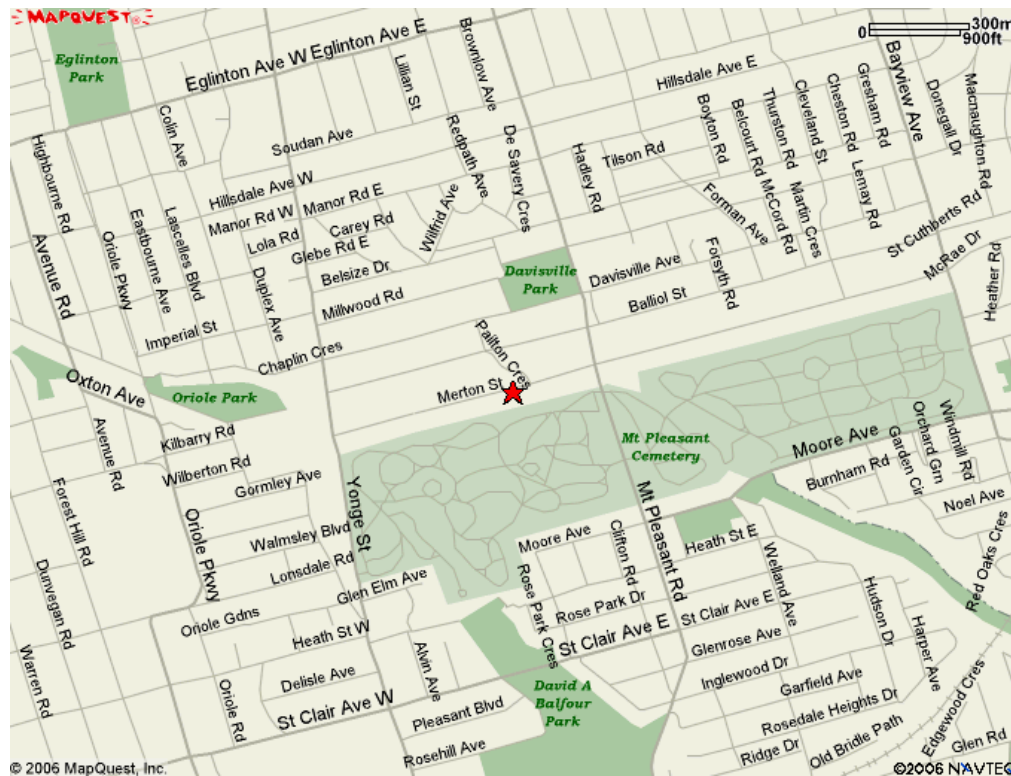
DIRECTIONS TO Kick Smart Workshop™

Kick Smart Workshop™ SUMMER CAMP is located on 218 Merton St at The Davisville Club (and Martial Arts Studio).

Directions from Yonge St at Davisville TTC Station:

- Start by going south on Yonge St.
- Turn left on Merton St.
- The Davisville Club (and Martial Arts Studio) will be on the north side, just before Mt Pleasant

Map:



COMMUNICATION DURING CAMP

Parents will be contacted immediately if their camper appears to be sick, or in any other case of severe emergency. Parents must ensure that their contact information that they have given Kick Smart Workshop™ is up to date.

CONTACTING THE Kick Smart Workshop™ OFFICE

Our Main Camp Office is located in the Davisville Club on 218 Merton St. and will be open regular hours during Spring and Summer (Monday - Friday, 9:00 - 4:00 pm, 8:30AM-5:30 for those campers with extended hours.) Call Martin Doherty (the Director) at 647-887-3529. If you are calling outside of office hours, please leave a detailed message at 647-887-3529 and we will return your call as quickly as possible. Please note that we make EVERY effort to return calls as promptly as possible. **We rent the Davisville Club facilities and the owners are not directly involved in this camp.**

THE Kick Smart Workshop™ OFFICE CONTACTING YOU

Don't be alarmed if someone from the Camp contacts you during your child's stay. Most often there is some bit of administration that needs clarification or confirmation, and it does not mean that anything is wrong. We will always contact you if your child has to go to the hospital (non-emergency and emergency situations), or at the Director's discretion for behavioral problems. We will not automatically contact you if your child has typical camper problems. If you wish us to handle this in any other way, please make this request in writing prior to the start of camp. If there is a medical emergency, we will make every attempt to contact you - first at your home or main number, then at work, then at any alternative numbers you have provided (cell or pager). If we cannot reach you, we will contact the person you listed as the emergency contact. It is important to make your wishes known to any person acting as your emergency contact. In the case where a decision is necessary and contact has not successfully been made, the Camp Director will need to make a decision on your behalf, in your child's best interest. We will, of course, continue to try and reach you until we make contact.

NUT POLICY

Our entire Summer camping season has been designated as "nut sensitive". In no way do we want to compromise their personal safety during their stay at Camp.

Please assist us by NOT sending any nuts, nut products or any products that may contain nuts, at the beginning of a Camp Session. This includes any item from bulk food that does not come pre-sealed. It is important to read labels carefully for ingredients, although most products that are unsafe will contain warnings on the nutrition label.

BIRTHDAYS AT CAMP

If the child wishes for it, a special announcement can be made to the group at a certain time, to celebrate their new age.

FOOD POLICY

All campers should come prepared for their session with their own packed lunch and bottled water with their names clearly labeled.

HEALTH SERVICES

We ask all parents of campers to please fully complete the Camp Health Form enclosed in this mailing. Failure to return the Health Form puts both your child and the camp in a compromising position. Please do not send this form with your child on the first day of camp. We appreciate having all information returned to the camp by m/d/y, to allow for proper preparation prior to the start of the Summer Camp season. If, in the event that any information on the Health Form needs to be updated, please either send a written note along on the first day of Camp OR, fax the change(s) to the Director within three business days of the start of the Camp Session (**fax: 416-481-5425**) OR, the Director can be e-mailed to at **martin.doherty@kicksmartworkshop.com** Campers should know why they take the medication that has been sent to camp, and when to take it. Understanding why they take medicine helps them to remember to take it. Please discuss this with your child.

MEDICATION

If your child will be bringing any medication to Camp, please observe the following:

- Medication must be brought to Camp in the original container. It is not legal for our counselors to dispense medication from any other container, including weekly pill organizers.
- Carefully detail the normal time for medication and send this with the medication. Please note that medication is dispensed after lunch. If your child's routine cannot fit into this schedule, or any breach of the routine could result in serious health consequences, a letter of explanation is required in advance of camp.
- Include clear instructions in writing for the administration of medication, including the reason for taking it. Camp staff cannot accept verbal instructions.
- Please send enough medication to last the full Camp Session attending.

CHECK YOUR CHILD

Campers should not come to camp with known communicable diseases or health nuisances (such as chicken pox, lice, viral infections, rashes, athlete's foot, impetigo, etc.). If your child has been exposed to anything communicable within three weeks of the start of their camp session, please alert the camp office. Together, we will determine whether to consider keeping your child at home for an extra day or so. In the event that a camper arrives at camp unaware that he/she has a communicable illness, we will let families of campers in that child's cabin know that their child has been exposed.

HEAD LICE

Please check your child thoroughly for head lice/nits within three days of their first day at camp.

Because of the potential for head lice to spread in a communal setting, we want to be proactive and avoid the kinds of problems that other Camps and schools have had. If your child arrives at Camp with head lice, a parent or guardian will be asked to remove the camper from camp and he or she may only return to regular camp activities when the head is clear of nits or lice. It is, therefore, in everyone's best interest to have your child thoroughly checked before Camp. Dealing with a child who has head lice is frustrating, there's no doubt about it. And it is certainly frustrating to get a call from Camp asking you to come and pick your child up, or to deal with the lice directly. But it is because head lice is such a widespread problem among children (with the exception of the common cold, head lice affect more school-aged children than all other communicable diseases combined), and such a huge annoyance for families, that Kick Smart Workshop™ Summer Camp must do what it can prevent further infestations or the spread of head lice. It is our expectation that arrangements will be made to pick up a child with head lice from Camp as quickly as possible. Children may be admitted back to Camp when the head is free of nits or lice. This means that chemical treatments are not enough - the nits have to be manually removed because, as the NPA says, "If you don't get 'em out, you've still got 'em!"

Manually removing nits, by using a good nit comb (such as LiceMeister) means that eggs do not have a chance to hatch or to spread. The World Health Organization noted in 1997 that many strains of lice are becoming resistant to almost all of the commercially available pesticide treatments. The Food and Drug Administration recommends repeating chemical treatments in 7-10 days because none of the available treatment products are 100% effective against lice eggs and that remaining viable nits will hatch lice. The most positive aspect of manually removing nits or lice is that your child may return to Camp in one or two days, if it has been thoroughly done. If a chemical treatment is used, a child will miss the session because of the need to repeat the process. If you are not sure about how to check for head lice prior to your child's arrival at Camp, go to www.headlice.org for the National Pediculosis Association's 10 Tips for Head Lice and Nit Removal.

If you need more information about head lice, nits, or the removal of them, check out these web sites:

www.licebusters.ca (Canadian company dedicated to safe nit and lice removal)

www.licesquad.com (More information on headlice removal and what to look for)

SUN SAFETY

We are aware of the dangers of over-exposure to the sun and strive to take reasonable precautions to prevent adverse effects of the sun and UV rays. Please help us in this endeavor by packing a hat with a brim and sunglasses, and sending sunscreen for your child (minimum SPF 15, but SPF 30 or higher is preferable), and a water bottle with your child's name on it. Sunscreen will not be available at the Camp, and should be brought by the campers. Water fountains will be present at the camp and can be used to refill water bottles. Campers will be encouraged to wear light clothing that covers shoulders and arms, when not doing water activities.

EPI-PEN POLICY

Any camper who carries an epi-pen for an allergy to bees, wasps or mosquitoes will remain on-site at all times, and will therefore NOT go on out trips, unless it is okayed with written a permission letter by their parents / guardians. The potential severity of the allergic reaction combined with the limited time available to get to medical help makes the risk too great to send campers away from immediate medical attention. Any camper who carries an epi-pen for a food allergy may go on an off-site trip, with written permission from a parent. **Please ensure that 3 epi-pens are made available. One will be kept on site at all times, one will be kept with the child and one will be kept with the camp counselor who will be assigned with your child.** Kick Smart Workshop™ Summer Camp is a complete nut-free site during the entire time that we are open. All food packed for campers must be completely free of nuts. Some risk of coming into contact with nuts or nut products, although a very remote possibility, could take place on a trip or out of Camp activity. We have noticed the past few years that the general public, in using provincial and private park space, has become less sensitive to removing garbage. This concerns us and we've taken this step to provide some structure to these situations involving our campers. We're asking families to discuss these risks and to make a decision regarding off-site activity.

STAFFING NOTES

Kick Smart Workshop™ Team

The Kick Smart Workshop™ Camp uses a Management Team approach to supervise all activity in Camp. The full-time Kick Smart Workshop™ Team includes Senior Director Martin Doherty, Senior Administrator Marlow Goldstein, Counselor Administrator Kyle Goldstein, and the counselors.

STAFF QUALIFICATIONS

Here is a listing of some of the core staff:

Martin Doherty:

- Founder & Director of Kick Smart Workshop™, Karate4KIDZ™, Tech4KIDZ™ and Kempo Karate Canada™
- Black Belt, Kempo Karate and Kung Fu
- BBI Committee Member & Trainer
- Affiliated with the Canadian Karate Kung Fu Association
- Committee Member for Ontario Early Years Centre (PAC)
- Registered Practitioner of the Canadian Reiki Association (RP-CRA)
- Have instructed computer and technology classes for over 20 years
- Parent of 2 young daughters, one of whom trains in Kempo Karate
- Former Sports Camp Councilor for Lindsay, ON Recreation Department
- Certified in first aid and CPR

Nora Day - Trainer and Camp Counselor

- BBI Committee Member & Trainer
- Black Belt, Kempo Karate and Kung Fu
- Mother of Three

Marlo Goldstein - Trainer and Camp Counselor

- Graduated from Human Kinetics Program at the University of Guelph and continuing on to become a chiropractor.
- Has been a camper at an overnight camp for 7 years, and then was the head of the swimming program there for 4 years.

- She is affiliated with the Canadian Kung fu and Karate association and is a BBI member and trainer.
- She has her black belt in Kempo Karate and Kung fu and has been teaching children for 4 years.
- Marlo is certified in first aid and CPR

Kyle Goldstein - Assistant Program Director and Lead Instructor

- **(TEAM CANADA Medal Winner)**
- 3rd degree Black Belt, Kempo Karate, Kung Fu and Kick Boxing
- BBI Committee Member & Trainer
- Medal Winning Member of the Canadian Kickboxing Team
- Affiliated with the Canadian Karate Kung Fu Association
- Kyle has been a head camp councilor for several years now.
- Certified in first aid and CPR
- Kyle is currently 19 years old and began his karate training when he was 4.
- Kyle has competed in Karate & Kick Boxing tournaments in Canada, Greece, South Africa, and Israel.
- Kyle has competed at the World Kick Boxing Championships in Greece 2004
- Kyle has completed at the World Maccabiah Games in Israel in 2004
- Has completed his first year at the University of Guelph, and continuing on in his second year.

Nora Al-Mosawi - Trainer and Camp Counselor

- Has completed her first year at the University of York, and continuing on in her second year.
- She has her black belt in Kempo karate and has been teaching children for several years.
- Nora is certified in first aid and CPR

Katie Maguire - Trainer and Camp Counselor

- 2nd degree Black Belt, Kempo Karate and Kung Fu
- BBI member & Trainer
- Affiliated with the Canadian Karate Kung Fu Association
- Certified in first aid and CPR
- Katie has received numerous awards in Karate and Martial Arts tournaments
- Sensei Katie specializes in coaching the younger students and has developed a special bond with them, as she inspires children to work hard and to bring out the best in them

Kyle Maguire - Trainer and Camp Counselor

- 2nd degree Black Belt, Kempo Karate, Kung Fu and Kick Boxing
- BBI Member & Trainer
- Medal Winning Member of the Canadian Kickboxing Team
- Affiliated with the Canadian Karate Kung Fu Association
- Certified in first aid and CPR
- Successfully completed the "Councilor in Training" program at Toronto Harbourfront Centre Summer Camps, in 2005
- Kyle has competed in Karate & Kickboxing tournaments in Canada, Greece & South Africa.
- Kyle won a Bronze medal at the World Kickboxing Championships in Greece 2004
- Sensei Kyle coaches both beginner and advanced / adults and children and specializes with advanced students to attain their Black Belts.

For more information please see www.KickSmartWorkshop.com

PROGRAM NOTES

On an average day at Kick Smart Workshop™ you're child will be engaged in splash pad activities, nature hikes, and martial art work-outs, make sure your child comes with clothing appropriate for each kind of activity they are a part of (bathing suit, towel, running shoes, etc.)

DAILY PROGRAM AT A GLANCE

8:30 – extended hour drop-off (*all parents who wish to drop their children off at this time must be registered for the extended hours ahead of time)

9:00 a.m. - Parents drop-off children, Fusion Martial Arts Workshop begins.

11-11:30 a.m. – A Family Friendly Martial Arts Movie Clip is played.

12:00 p.m. – Campers visit Merton St. Water Park for a fun out-door lunch.

1:30 p.m. – Campers take part in the Hands On Technology and Nature Workshop Mission.

4:30 p.m. – Parents pick up campers.

5:30 p.m. – Extended pick-up for campers (*all parents who wish to pick up their campers at this time must be registered for the extended hours ahead of time)

LOST AND FOUND

Anything that our Kick Smart Workshop™ staff sees as it cleans up at the end of each day will be placed somewhere safe for the later reclamation of the item by its owner. When on out-trips, any items left behind by campers on-site will be looked for by staff, and brought to a safe place where owners can look to for their missing things.

REGISTRATION FOR FALL & WINTER PROGRAMS AND CAMPS FOR 2007 - AFTER CAMP

Registration for the next year can be done by contacting administration, or the director himself. Registration for March Break & Summer Camps 2007 starts as soon as camp ends, so be sure to register quickly to make sure your child has a place here at camp next year!

IMPORTANT INFORMATION AT-A-GLANCE

1. all forms are due m/d/y
2. every camp session starts on a Monday, and ends on a Friday
3. when picking your child up from camp by car, meet them inside the club.
4. check your child for lice or communicable disease before camp
5. no nut products will be allowed in camp and food containing nuts will be confiscated and not replaced - help us keep camp safe for everyone!
6. a Code of Behavior has been included for your child to read and sign
7. medication sent to camp must be in the original container and be accompanied by written instructions
8. 2007 Priority Registration is from mid-July to August 31st, 2006 and is on a first-come, first-served basis - spots fill FAST so get forms in early!

Security Information

We here at Kick Smart Workshop™ are most concerned with your child's safety and well-being, so we have developed a secure method of signing your child in and out of the program each day. Detach this form from the rest of the package and send it to us by mail, drop off, or fax, with a copy of your, (and your spouses) photograph, so that our counselors will be able to ID you when you pick up your child. If someone who is not you or your spouse wishes to pick up your child at your or your spouses request, photo-ID along with a phone call to you or your spouse will be required. We can be faxed at(insert fax #) .

Insert Your Photo Here

First name: _____
Last name: _____
Child's name: _____

Emergency Contact: _____
Emergent Contact's telephone #: _____

Insert Your Photo Here

First name: _____
Last name: _____

Emergency Contact: _____
Emergency Contact's telephone #: _____

Terms and Conditions

I, as the buyer enter into this Agreement with Kick Smart Workshop™ Summer Camp (hereinafter referred to as "Kick Smart Workshop™"), and do hereby agree, on behalf of myself, my children, and all persons who become entitled to use the facilities of Kick Smart Workshop™ by virtue of my membership as follows:

WAIVER AND RELEASE: I and my child(ren) fully recognize the risks of injury and/or illness inherent in participation in any fitness or martial arts program, and we represent to Kick Smart Workshop™ that we have taken all reasonable steps to determine and hereby warrant, that we are in good health and physically capable of participating in the programs and courses of instruction offered by Kick Smart Workshop™. WE acknowledge that Kick Smart Workshop™ shall make no, and shall have no responsibility to make an independent evaluation of our physical health or fitness. We understand and agree that all participation in any such fitness program or use of Kick Smart Workshop™'s facilities or equipment on or off the premises of Kick Smart Workshop™ shall be at our own risk. I authorize Kick Smart Workshop™ Summer Camp to

transport my child on outings, that take place outside of the Kick Smart Workshop™'s studio in the surrounding area.

I understand and agree that Kick Smart Workshop™ will not be held liable for injuries, damages and is not liable for death along with injury to others not caused by or resulting from negligence of the owners, operators, employees, or persons in charge of such establishment out of or in connection with our participation in any program or course of instruction either on or off the premises of Kick Smart Workshop™. We understand and agree that Kick Smart Workshop™ shall not be responsible for the conduct of other users of Kick Smart Workshop™'s studio, or its facilities or equipment., or participants in the Kick Smart Workshop™ studio's off-premise programs, and gym, or for any injury or damage to property resulting from such conduct and we shall bring any action proceeding against Kick Smart Workshop™ for any payment compensation or claim for any injury or loss of property caused by any such user.

LOSS/DAMAGE/THEFT OF PROPERTY: We understand and agree that neither Kick Smart Workshop™, nor its officers, directors, agents, counselors, or employees shall be responsible for any personal property which is damaged, lost, or stolen, in or around Kick Smart Workshop™ or its facilities , or any of Kick Smart Workshop™'s off premises events.

RULES AND REGULATIONS: I and my child(ren) agree to abide by the rules and regulations governing the conduct and operation of the facilities. We understand that Kick Smart Workshop™ has the right to alter or amend any and all rules and regulations, including those set forth in this Membership Agreement, and we agree to abide by all such amended rules and regulations. We acknowledge that we have been provided with a copy of all current rules and regulations.

We understand that our campership and the right to use Kick Smart Workshop™'s facilities and programs may be suspended at any time, with or without cause.

PHOTOGRAPHS: We hereby authorize Kick Smart Workshop™ and its agents, successors and assigns to photograph and/or video tape me or my child(ren) and/or our voice without restriction and to utilize such photographs/videos and/or voice transcriptions for any commercial purpose, including but not limited to the promotion and marketing of Kick Smart Workshop™, and we agree that we shall not be entitled to receive any compensation whatsoever of any kind as a result of such us.

I UNDERSTAND MY RIGHTS AS STATED ABOVE

Parent's Signature: _____

Date: _____

Email Address: _____